



Matt Herndon

Mr. Herndon has been a physical educator for the last 20 years. In addition to his duties, he is the athletic director and intramural football. Mr. Herndon also is the Head Girl's Soccer Coach at East Alton-Wood River High School.

Some of his past coaching duties have been 7th grade girls and 8th grade boys basketball at LCJH for 5 years. He has coached freshmen and junior varsity basketball at EAWR for 4 years, junior varsity and varsity boys soccer at EAWR for 8 years and for the past 21 years junior varsity and varsity girls soccer at EAWR.

Mr. Herndon graduated from Southern Illinois University at Edwardsville with a degree in Physical Education K-8 degree and has since gone on to get his Master's in Kinesiology with an emphasis on Sport Management.

Some of Mr. Herndon's favorite activities are cycling, walking, coaching, watching the Fighting Illini or Ole Miss athletics and spending as much time as possible with his family.

Mr. Herndon became a physical educator because of his love for sports and providing kids with healthy physical activity choices for their rest of their lives.

The highlight of his career was being chosen 2013-14 Illinois Association for Health, Physical Education, Recreation and Dance Middle School Teacher of the Year and Those Whose Excel Teacher of The Year in 2014-15.

If you need to contact Mr. Herndon, you may email him at mherndon@wrh15.org